Be smart on the internet

S — SAFE
Keep safe by being careful not to give out personal information when chatting or posting online. Personal information includes your email address, phone number and password.

ZIP IT

m — MEETING
Meeting someone you have only been in touch with online can be dangerous. Only do so with your parents' or carers' permission and even then only when they can be present. Remember online friends are still strangers even if you have been talking to them for a long time.

a — ACCEPTING
Accepting emails, IM messages, or opening files, pictures or texts from people you don't know or trust can lead to problems – they may contain viruses or nasty messages!

BLOCK IT

r — RELIABLE
Someone online might lie about who they are, and information on the internet may not be true. Always check information with other websites, books or someone who knows.

t — TELL
Tell your parent, carer or a trusted adult if someone or something makes you feel uncomfortable or worried, or if you or someone you know is being bullied online.

You can report online abuse to the police at www.thinkuknow.co.uk

THINK U KNOW .CO.UK

FLAG IT

www.kidsmart.org.uk

KidSMART

Visit Childnet's Kidsmart website to play interactive games and test your online safety knowledge. You can also share your favourite websites and online safety tips by Joining Hands with people all around the world.